

Breakfast Fare

TOASTED HAM & EGGER ... \$3.00 or 2 for \$5.75

Cheddar cheese melted atop an egg omelet, topped with shaved ham, served on a toasted English muffin.

TOASTED BAGEL ... \$2.50

Your choice of bagel with butter, jam or cream cheese.

Specialty Coffees

	SMALL	LARGE
Coffee	\$1.75	\$2.00
Latte	\$2.79	\$3.59
Vanilla Latte	\$3.29	\$4.09
Cappuccino	\$2.79	\$3.59
Mocha	\$3.29	\$3.99
Americano	\$1.99	\$2.39
Kickin' Caramel	\$3.29	\$3.99
Chai Latte	\$3.49	\$4.09
Hot Chocolate	\$3.19	\$3.89
Steamed Milk (w/syrup)	\$2.79	\$3.59
Extra Shot	Add \$0.50	
Soy Milk	Add \$0.50	

** Specialty Coffees are not available in Penticton*

Fresh Treats Daily!

Fresh baked muffins, cookies & more!

Soups & Salads

An assortment of soups and fresh salads are available in the deli to accompany your lunch!

Selection varies daily and seasonally.

SOUPS S \$3 M \$4 L \$5 XL \$7

Roasted Garlic & Spinach, Curried Rice, Two Potato Chowder, Chicken Asparagus, Homestyle Chili, Chicken Noodle, Tomato Basil, Beef Vegetable, and more!

SALADS

Greek Salad, Fruit Salad, Killer Coleslaw, Four Bean Salad, Calabrese Salad, Pacific Seafood Salad, Edamame Salad, Ranch Veggie Dill Salad, Thai Noodle Salad, Potato Salad, Broccoli Grape Salad, and many more!

In a Hurry?

Look in our deli case for ready made sandwiches, salads, sushi and more!

Fresh & Fast!



DOWN to EARTH.

WWW.QUALITYGREENS.COM



QUALITY GREENS®

Farm Market

MENU

OPEN 7 DAYS A WEEK
MONDAY – SATURDAY 9 - 7
SUNDAY 10 - 6

KELOWNA
 1889 Spall Road
 250 763 8200

WESTBANK
 3710 Hoskins Road
 250 707 1420

PENTICTON
 300 Riverside Drive
 250 492 9822

VERNON
 4800 Anderson Way
 250 542 3677



DOWN to EARTH.

Sandwiches

CREATE YOUR OWN ...\$6.50

Create your own masterpiece sandwich with your choice of:

- Ham, Turkey, Chicken, Roast or Corned Beef
- Cheddar, Swiss or Havarti Cheese
- Any veggie toppings you wish

CHICKEN RANCH ...\$6.00

Sliced chicken topped with cheddar cheese, sun dried tomatoes, artichoke hearts, cucumber, sprouts, lettuce, honey mustard, mayo and topped with ranch.

CHICKEN SALAD SANDWICH ...\$6.00

Fresh chunks of premium chicken packed with yummy almonds and cranberries, and all the toppings you wish!

VEGGIE LOVER ...\$6.00

Havarti cheese with green peppers, onions, cucumbers, pickles, artichoke hearts, sun dried tomatoes, sprouts, lettuce, honey mustard and mayo.

EGG'N'IT ...\$6.00

Egg salad with green onions and celery topped with pickles, onions, and lettuce.

PESTO TURKEY PANINI ...\$6.50

Turkey, pesto, sweet raisins and swiss cheese grilled on a Panini press.

TURKEY SWISS CLUB ...\$6.00

Sliced turkey topped with swiss cheese, green peppers, cucumbers, sun dried tomatoes, sprouts, lettuce, honey mustard and mayo.

TUNA SUPREMO ...\$6.00

Tuna salad with green onions and celery topped with cheddar cheese, pickles, onion, lettuce and mayo.

Or try it as a melt: Add \$0.50

TURKEY BACON PANINI ...\$7.50

Turkey, bacon, onion, green pepper, tomato, cheddar cheese and zesty sundried tomato mayo grilled.

CHICKEN CORDON BLEU ...\$7.00

Sliced chicken and ham topped with swiss cheese, green peppers, cucumbers, sprouts, lettuce, ranch dressing and mayo.

CORNED BEEF SANDWICH ...\$6.00

On Rye. Topped with a layer of melted Swiss cheese, sauerkraut, lettuce, onions, dijon mustard and mayo. Served warm!

PREMIUM ROAST BEEF SANDWICH ...\$6.00

Topped with melted provolone cheese, dijon mustard, mayo, lettuce, onions and a little blast of horse radish. Served warm!

<i>Extra Meat</i>	...\$1.50
<i>Extra Cheese</i>	...\$1.50
<i>Extra Veggies (Each)</i>	...\$0.40
<i>Extra Sauces (Each)</i>	...\$0.40

Specialty Wraps

TERIYAKI CHICKEN WRAP ...\$6.50

Premium chunks of chicken breast, atop a bed of red cabbage, onion, green peppers and Asian noodles topped with sweet teriyaki sauce. Served warm!

CHICKEN CAESAR WRAP ...\$6.50

Premium chunks of chicken breast, atop a bed of romaine lettuce, parmesan cheese, croutons and Caesar dressing sauce. Served warm!

GETTING GREEK CHICKEN WRAP ...\$6.50

Premium chunks of chicken breast, atop a bed of romaine lettuce, tomatoes, cucumbers, green peppers, onion with a layer of feta cheese and tzatziki sauce. Served warm!

CHICKEN CLASSIC WRAP ...\$6.50

Premium chunks of chicken breast, atop a bed of green leaf lettuce, with melted cheddar cheese, onion, cucumbers, green peppers, sun dried tomatoes with mayo and a topping of ranch dressing. Served warm!



Any wrap or sandwich can be customized to suit your needs or your palette!

Just let us know!

Quality. Value. Community. DOWN to EARTH.